

Kamp og treningsplan Remyra kunstgress

UKE	Tidspunkt	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag
18		01.05.2017	02.05.2017	03.05.2017	04.05.2017	05.05.2017	06.05.2017	07.05.2017
	1600-1630				3)	G2007	1)	
	1630-1700				3)	G2007		
	1700-1730	G//J11 J2007	2008	G//J11 J14 J2007	2008 / 2010	J12 - Ranheim 4 (1715)	G2007 J15 2009	
	1730-1800	G//J11 J2007	2009 2008	G//J11 J14 J2007	2008 / 2010		J13 J15 2009	
	1800-1830	G//J11 J2007	2009 2008	G//J11 J14 J2007	2008 / 2010		J13 J15	
	1830-1900	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007	G12 - Utleira 3 (1830)	G11_2 - Hom.vik 4 (1830)	J15 - Nessegutten (1830)	J14 - Sparbu (1800)
	1900-1930	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007				
	1930-2000	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007				
	2000-2030	Senior		Senior	J14			
	2030-2100	Senior		Senior	J14			
	2100-2130	Senior		Senior	J14			
	2130-2200							
19		08.05.2017	09.05.2017	10.05.2017	11.05.2017	12.05.2017	13.05.2017	14.05.2017
	1600-1630				3)			
	1630-1700				3)			
	1700-1730	G//J11 J15 J2007	2008	G//J11 J14 J2007	2010	2008	J15 2009	
	1730-1800	G//J11 J15 J2007	2009 2008	G//J11 J14 J2007	2010	2008	J13 J15 2009	
	1800-1830	G//J11 J15 J2007	2009 2008	G//J11 J14 J2007	2010	2008	J13 J15 G2007	
	1830-1900	G14 / G12 / J12	G12_2 - Lånke 2 (1830)	J11 - Chr.lund 2 (1830)	J13 J14	G13/G14 G12 J12 G2007	J14	G13
	1900-1930	J13 - Nessegutten (1830)	G14 / G12 / J12	G13/G14 G12 J12 G2007	G14 - Leksdal/Stiklestad (1830)	J14	G11 - Hom.vik 3 (1830)	G13
	1930-2000	G14 / G12 / J12	G14 / G12 / J12	G13/G14 G12 J12 G2007		J14	G2007	G13
	2000-2030	Senior		Senior	Senior - Vikvarvet (2000)			
	2030-2100	Senior		Senior				
	2100-2130	Senior		Senior				
	2130-2200							
20		15.05.2017	16.05.2017	17.05.2017	18.05.2017	19.05.2017	20.05.2017	21.05.2017
	1600-1630				3)	G2007	2)	
	1630-1700				3)	G2007		
	1700-1730	G//J11 J12 J2007	2008	G//J11 J14 J2007	2008 / 2010	J12 - Hom.vik (1715)	G2007 J15 2009	
	1730-1800	G//J11 J12 J2007	2009 2008	G//J11 J14 J2007	2008 / 2010		J13 J15 2009	
	1800-1830	G//J11 J12 J2007	2009 2008	G//J11 J14 J2007	2008 / 2010		J13 J15	
	1830-1900	G13/G14 G12	G11_2 - T.moen (1830)	J13 J14	G13/G14 G12 J12	G2007 J14	J13	G13
	1900-1930	J13 - Vinne (1830)	G13/G14 G12	J13 J14	G13/G14 G12 J12	J15 - Egge (1830)	G2007 J14	G13
	1930-2000	G13/G14 G12	G13/G14 G12	J13 J14	G13/G14 G12 J12	G2007 J14	G12 - Flatås 2 (1830)	G13 - Hommelvik 2 (1830)
	2000-2030	J15 Senior		Senior				
	2030-2100	J15 Senior		Senior				
	2100-2130	J15 Senior		Senior				
	2130-2200							
21		22.05.2017	23.05.2017	24.05.2017	25.05.2017	26.05.2017	27.05.2017	28.05.2017
	1600-1630				3)			
	1630-1700				3)			
	1700-1730	G//J11 J2007	2008	G//J11 J14 J2007	2010	2008	J15 2009	
	1730-1800	G//J11 J2007	2009 2008	G//J11 J14 J2007	2010	2008	J13 J15 2009	
	1800-1830	G//J11 J2007	2009 2008	G//J11 J14 J2007	2010	2008	J13 J15 G2007	
	1830-1900	G13/G14 G12 J15 J12	G11 - Selbu (1830)	J13 J14	G13/G14 G12 J12 G2007	J14	J13	J14 - Egge (1800)
	1900-1930	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007		J14	G2007	G13
	1930-2000	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007		J14	G2007	G13
	2000-2030	Senior		Senior	Senior - Mosvik (2000)			
	2030-2100	Senior		Senior				
	2100-2130	Senior		Senior				
	2130-2200							

Oppdatert: 14.05.2017, Ulf Kristian Aaring

Grå = kamp

Gul = utleie

1) Fotballbursdag 2006 kl 12-14

2) Dalførecup 2010

3) J13 Håndball kl 1530-1700

4)