

Kamp og treningsplan Remyra kunstgress

UKE	Tidspunkt	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag
18		03.05.2021	04.05.2021	05.05.2021	06.05.2021	07.05.2021	08.05.2021	09.05.2021
	1600-1630							
	1630-1700							
	1700-1730	2013	G12 2012		J10 G14 2014	G14		G10
	1730-1800	2013	G12 2012	Treningskamp G12	J10 G14 2014	G14		G10 J10
	1800-1830		G12 2012		J10 G14	G14		G10 G12 J10
	1830-1900	Treningskamper G11	J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J10
	1900-1930	J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17	
1930-2000	J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17		
2000-2030	Herrer	J17		Herrer	J14+J15 J17		J17	
2030-2100	Herrer	J17		Herrer	J14+J15 J17			
2100-2130	Herrer	J17		Herrer	J14+J15 J17			
2130-2200								
19		10.05.2021	11.05.2021	12.05.2021	13.05.2021	14.05.2021	15.05.2021	16.05.2021
	1600-1630							
	1630-1700							
	1700-1730	2013	G12 2012	G12	J10 G14 2014	G14		G10
	1730-1800	2013	G12 2012	G12	J10 G14 2014	G14		G10 J10
	1800-1830		G12 2012	G12	J10 G14	G14		G10 G12 J10
	1830-1900	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J10	
	1900-1930	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17	
1930-2000	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17		
2000-2030	Herrer	J17		Herrer	J14+J15 J17		J17	
2030-2100	Herrer	J17		Herrer	J14+J15 J17			
2100-2130	Herrer	J17		Herrer	J14+J15 J17			
2130-2200								
20		17.05.2021	18.05.2021	19.05.2021	20.05.2021	21.05.2021	22.05.2021	23.05.2021
	1600-1630							
	1630-1700							
	1700-1730	2013	G12 2012	G12	J10 G14 2014	G14		G10
	1730-1800	2013	G12 2012	G12	J10 G14 2014	G14		G10 J10
	1800-1830		G12 2012	G12	J10 G14	G14		G10 G12 J10
	1830-1900	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J10	
	1900-1930	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17	
1930-2000	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17		
2000-2030	Herrer	J17		Herrer	J14+J15 J17		J17	
2030-2100	Herrer	J17		Herrer	J14+J15 J17			
2100-2130	Herrer	J17		Herrer	J14+J15 J17			
2130-2200								
21		24.05.2021	25.05.2021	26.05.2021	27.05.2021	28.05.2021	29.05.2021	30.05.2021
	1600-1630							
	1630-1700							
	1700-1730	2013	G12 2012	G12	J10 G14 2014	G14		G10
	1730-1800	2013	G12 2012	G12	J10 G14 2014	G14		G10 J10
	1800-1830		G12 2012	G12	J10 G14	G14		G10 G12 J10
	1830-1900	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J10	
	1900-1930	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17	
1930-2000	G11 J11 G14	G13 J13 J14+J15	G13 J12 G11	G10 G13 J13		J12 G12 J17		
2000-2030	Herrer	J17		Herrer	J14+J15 J17		J17	
2030-2100	Herrer	J17		Herrer	J14+J15 J17			
2100-2130	Herrer	J17		Herrer	J14+J15 J17			
2130-2200								

Oppdatert: 25.04.2021, Ulf Kristian Aaring

A1	A2	B1	B2
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A2	B2
A1	B1

Tribune Tribune

- 1) Når det er trening er det kun tillatt med uorganisert aktivitet hvis de som trener aksepterer det.
- 2) Dersom NFF setter opp kamper i denne perioden, vil det kunne bli endringer.
- 3)
- 4)

Grå = kamp
 Gul = utleie
 Oransje = trening