

Kamp og treningsplan Remyra kunstgress

UKE	Tidspunkt	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag
22		29.05.2017	30.05.2017	31.05.2017	01.06.2017	02.06.2017	03.06.2017	04.06.2017
	1600-1630				3)			
	1630-1700				3)			
	1700-1730	G//J11 J12 J2007	2008	G//J11 J14 J2007	2010 2008	J15 2009		
	1730-1800	G//J11 J12 J2007	2009 2008	G//J11 J14 J2007	2010 2008	J13 J15 2009		
	1800-1830	G//J11 J12 J2007	2009 2008	G//J11 J14 J2007	2010 2008	J13 J15 G2007	G14 - Sverre (1800)	G13
	1830-1900	J13 - Vuku/Stiklestad (1830) G13 - Trond 2 (1830)	J11 - Selbu (1830) J13 J14	G13/G14 G12 J12 G2007	G12 - Ranheim (1830) G11_2 - Fram (1830) J15 - Tangmoen (1830)	J13 J15 G2007		
	1900-1930		J13 J14	G13/G14 G12 J12 G2007		G2007		
	1930-2000		J13 J14	G13/G14 G12 J12 G2007				
	2000-2030	J15 Senior		Senior				
	2030-2100	J15 Senior		Senior				
	2100-2130	J15 Senior		Senior				
	2130-2200							
23		05.06.2017	06.06.2017	07.06.2017	08.06.2017	09.06.2017	10.06.2017	11.06.2017
	1600-1630				3)			1)
	1630-1700				3)			
	1700-1730	G//J11 J2007	2008	G//J11 J14 J2007	2010 / 2008 2010 / 2008	J15 2009	J12 - T.moen (1715)	
	1730-1800	G//J11 J2007	2009 2008	G//J11 J14 J2007		J13 J15 2009		
	1800-1830	G//J11 J2007	2009 2008	G//J11 J14 J2007	2010 / 2008	J13 J15 G2007	Remyra - Vinne (1800)	G13
	1830-1900	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007		J13 G2007		
	1900-1930	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007	G11 - Hom.vik (1830)	G2007		
	1930-2000	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007		G2007		
	2000-2030	Senior		Senior	Senior - Nidelv 2 (2000)			
	2030-2100	Senior		Senior				
	2100-2130	Senior		Senior				
	2130-2200							
24		12.06.2017	13.06.2017	14.06.2017	15.06.2017	16.06.2017	17.06.2017	18.06.2017
	1600-1630				3)			
	1630-1700				3)			
	1700-1730	G//J11 J12 J2007	2008	G//J11 J14 J2007	2010 2008	J15 2009		
	1730-1800	G//J11 J12 J2007	2009 2008	G//J11 J14 J2007	2010 2008	J13 J15 2009		
	1800-1830	G//J11 J12 J2007	2009 2008	G//J11 J14 J2007	2010 2008	J13 J15 G2007		
	1830-1900	J13 - Lånke (1830) G13 - Nidelv (1830)	G12_2 - Aasguten (1830) J13 J14	G13/G14 G12 J12 G2007	G14 - Snåsa (1830) J14	J13 J11 - Hegra (1830) G2007		G13
	1900-1930		J13 J14	G13/G14 G12 J12 G2007		G2007		G13
	1930-2000		J13 J14	G13/G14 G12 J12 G2007				G13
	2000-2030	J15 Senior		Senior				
	2030-2100	J15 Senior		Senior				
	2100-2130	J15 Senior		Senior				
	2130-2200							
25		19.06.2017	20.06.2017	21.06.2017	22.06.2017	23.06.2017	24.06.2017	25.06.2017
	1600-1630				3)			
	1630-1700				3)			
	1700-1730	G//J11 J2007	2008	G//J11 J14 J2007	2010 2008	J15 2009		
	1730-1800	G//J11 J2007	2009 2008	G//J11 J14 J2007	2010 2008	J13 J15 2009		
	1800-1830	G//J11 J2007	2009 2008	G//J11 J14 J2007	2010 2008	J13 J15 G2007		
	1830-1900	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007	J14	J13 J15 G2007		G13
	1900-1930	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007	J14	G2007		G13
	1930-2000	G13/G14 G12 J15 J12	J13 J14	G13/G14 G12 J12 G2007	J14			G13
	2000-2030	Senior		Senior	Senior - Astor 2 (2000)			
	2030-2100	Senior		Senior				
	2100-2130	Senior		Senior				
	2130-2200							

Oppdatert: 14.05.2017, Ulf Kristian Aaring

Grå = kamp

Gul = utleie

1) Dalførecup 2008

2)

3) J13 Håndball kl 1530-1700

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