

Kamp og treningsplan Remyra kunstgress

UKE	Tidspunkt	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag
36		03.09.2018	04.09.2018	05.09.2018	06.09.2018	07.09.2018	08.09.2018	09.09.2018
36	1600-1630						1) J15 - Lierne (1500)	J17 - Steinkjer (1600)
	1630-1700		J11					
	1700-1730	2010 J14	J11 2008	2010 2012	G11_2 - Tangmoen (1715) 2011 2008 J11	J15/J17 2009		
	1730-1800	2010 J14	2009 + J11 + 2008	2010 2012	2011 2008 J11	J15/J17 2009		
	1800-1830	J14	2009 2008		2011 2008 J11	J15/J17		
	1830-1900	J13 - Hegra / Skjelstadmark (1830) J12 G12	G11 J15 J13	G14 G12	G14 J13	G11 - Tangmoen 2 (1830)	J14	J15
	1900-1930	J12 G12	G11 J15 J13	G14 J12 G12	G14 J13	J12 - Hegra (1830)	J14	J15
	1930-2000	J12 G12	G11 J15 J13	G14 G12	G14 J13		J14	J15
	2000-2030	J17	Senior J17	FK Stjørdal J12	J14 - Tiller 2 (1830) J17 Senior			Damer
	2030-2100	J17	Senior J17					Damer
	2100-2130	J17	Senior J17					
	2130-2200							
37		10.09.2018	11.09.2018	12.09.2018	13.09.2018	14.09.2018	15.09.2018	16.09.2018
37	1600-1630		G11					J15 - Grong (1500)
	1630-1700		G11 J11					
	1700-1730	2010 J14	J11 2008	2010 2012	2008	J15/J17 2009		
	1730-1800	2010 J14	2009 + J11 + 2008	2010 2012	2011 / 2008	J15/J17 2009		
	1800-1830	J14	2009 2008		2011 / 2008	J15/J17		
	1830-1900	G11 J12 G12	J13 G12 - Selbu (1830)	G14 G12	G14 J14 J13		J14 G11	J15
	1900-1930	G11 J12 G12	J13	G14 J12 G12	G14 J14 J13		J14 G11	J15
	1930-2000	G11 J12 G12	J13	G14 J12 G12	G14 J14 J13		J14 G11	J15
	2000-2030	Senior - Tangmoen (2000)	Senior J17/J15	J12	Senior J17			Damer
	2030-2100		Senior J17/J15		Senior J17			Damer
	2100-2130		Senior J17/J15		Senior J17			
	2130-2200							
38		17.09.2018	18.09.2018	19.09.2018	20.09.2018	21.09.2018	22.09.2018	23.09.2018
38	1600-1630							
	1630-1700		J11					
	1700-1730	2010 J14	J11 2008	2010 2012	2008 J11	J15/J17 2009		
	1730-1800	2010 J14	2009 + J11 + 2008	2010 2012	2011 / 2008	J15/J17 2009	G11	
	1800-1830	J14	2009 2008		2011 / 2008	J15/J17	G11	
	1830-1900	G11 J12 G12	J15 J13	J14 - Nessegutten (1830) J12 G12	J13 - Egge 2 (1830) J12 - Strindheim (1830)	G11	J14 G11	J15
	1900-1930	G11 J12 G12	J15 J13	J12 G12		G11	J14	J15
	1930-2000	G11 J12 G12	J15 J13	J12 G12			J14	J15
	2000-2030	J17	Senior J17	FK Stjørdal G14	Senior G14 J17 J14			Damer
	2030-2100	J17	Senior J17		Senior G14 J17 J14			Damer
	2100-2130	J17	Senior J17		Senior G14 J17 J14			
	2130-2200							
39		24.09.2018	25.09.2018	26.09.2018	27.09.2018	28.09.2018	29.09.2018	30.09.2018
39	1600-1630							
	1630-1700		J11					
	1700-1730	2010 J14	J11 2008	2010 2012	2008 J11	J15/J17 2009		
	1730-1800	2010 J14	2009 + J11 + 2008	2010 2012	2011 / 2008	J15/J17 2009		
	1800-1830	J14	2009 2008		2011 / 2008	J15/J17		
	1830-1900	G11 J12 G12	J11 - Nidelv 2 (1830) G11 J15 J13	G14 J14 G12	G11 - Trond (1830) J13	G11 - Selbu 2 (1830) G12 - Sverre 4 (1830)	J14	J15
	1900-1930	G11 J12 G12	G11 J15 J13	G14 J14 J12 G12	J13		J14	J15
	1930-2000	G11 J12 G12	G11 J15 J13	G14 J14 J12 G12	J13		J14	J15
	2000-2030	J17	Senior J17	J12	Senior G14 J17 J14			Damer
	2030-2100	J17	Senior J17		Senior G14 J17 J14			Damer
	2100-2130	J17	Senior J17		Senior G14 J17 J14			
	2130-2200							

Oppdatert: 27.09.2018, Ulf Kristian Aaring

Grå = kamp

Gul = utleie

A1	A2	B1	B2
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A2	B2
A1	B1

- 1) Dalførecup 2011
- 2)
- 3)
- 4)