

Kamp og treningsplan Remyra kunstgress

UKE	Tidspunkt	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag
46		13.11.2017	14.11.2017	15.11.2017	16.11.2017	17.11.2017	18.11.2017	19.11.2017
	1600-1630							
	1630-1700		J2007					
	1700-1730	G//J11	2008 J2007	G11	J12 G12 2008	2009		J17
	1730-1800	G//J11 2010	2008 2009	G11	J12 G12 2008	J13 2009		J17
	1800-1830	G//J11 2010	2008 2009	G11	J12 G12 2008	J13		J17
	1830-1900	G13/14 G2007 G12	J13 J14		G11 fellestrening	J14 J13		J14 G13
	1900-1930	G13/14 G2007 G12	J13 J14			J14		J14 G13
	1930-2000	G13/14 G2007 G12	J13 J14			J14		J14 G13
	2000-2030	Senior	Remyra Ladies			J14		
	2030-2100	Senior	Remyra Ladies			J14		
	2100-2130	Senior	Remyra Ladies			J14		
	2130-2200							
47		20.11.2017	21.11.2017	22.11.2017	23.11.2017	24.11.2017	25.11.2017	26.11.2017
	1600-1630							
	1630-1700		J2007					
	1700-1730	G//J11 G2007	2008 J2007	G11	J12 G12 2008	2009		J17
	1730-1800	G//J11 G2007 2010	2008 2009	G11	J12 G12 2008	J13 2009		J17
	1800-1830	G//J11 G2007 2010	2008 2009	G11	J12 G12 2008	J13		J17
	1830-1900	G13/14 G12	J13 J14		G11 fellestrening	J14 J13		J14 G13
	1900-1930	G13/14 G12	J2005 - klubb BDO			J14		J14 G13
	1930-2000	G13/14 G12	J13 J14			J14		J14 G13
	2000-2030	Senior	Remyra Ladies					
	2030-2100	Senior	Remyra Ladies					
	2100-2130	Senior	Remyra Ladies					
	2130-2200							
48		27.11.2017	28.11.2017	29.11.2017	30.11.2017	01.12.2017	02.12.2017	03.12.2017
	1600-1630							
	1630-1700		J2007					
	1700-1730	G//J11	2008 J2007	G11	2008	2009		J17
	1730-1800	G//J11 2010	2008 2009	G11	2008	J13 2009		J17
	1800-1830	G//J11 2010	2008 2009	G11	2008	J13		J17
	1830-1900	G13/14 G2007 G12	J13 J14		J12 G12 J14	J13		J14 G13
	1900-1930	G13/14 G2007 G12	J13 J14		J12 G12 J14			J14 G13
	1930-2000	G13/14 G2007 G12	J13 J14		J12 G12 J14			J14 G13
	2000-2030	Senior	Remyra Ladies					
	2030-2100	Senior	Remyra Ladies					
	2100-2130	Senior	Remyra Ladies					
	2130-2200							
49		04.12.2017	05.12.2017	06.12.2017	07.12.2017	08.12.2017	09.12.2017	10.12.2017
	1600-1630							
	1630-1700		J2007					
	1700-1730	G//J11	2008 J2007	G11	2008	2009		J17
	1730-1800	G//J11 2010	2008 2009	G11	2008	J13 2009		J17
	1800-1830	G//J11 2010	2008 2009	G11	2008	J13		J17
	1830-1900	G13/14 G2007 G12	J13 J14		J12 G12 J14	J13		J14 G13
	1900-1930	G13/14 G2007 G12	J13 J14		J12 G12 J14			J14 G13
	1930-2000	G13/14 G2007 G12	J13 J14		J12 G12 J14			J14 G13
	2000-2030	Senior	Remyra Ladies					
	2030-2100	Senior	Remyra Ladies					
	2100-2130	Senior	Remyra Ladies					
	2130-2200							

Oppdatert: 25.10.2017, Ulf Kristian Aaring

Grå = kamp

Gul = utleie

- 1)
- 2)
- 3)
- 4)