

Kamp og treningsplan Remyra kunstgress

UKE	Tidspunkt	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag	
18		29.04.2024	30.04.2024	01.05.2024	02.05.2024	03.05.2024	04.05.2024	05.05.2024	
	1600-1630							1)	
	1630-1700			G14		G16			
	1700-1730	G2015 J11 G11	J2015 J12 2017	G2015 G11	J13 2016 2016	G10 J12 G12		G10 J13	
	1730-1800	G2015 J11 G11	J2015 J12 2017	G2015 G11	J13 2016	G10 J12 G12		G10 J13	
	1800-1830	G2015 J11 G11	J2015 J12 2017	G2015 G11	J13 2016	G10 J12 G12		G10 J13	
	1830-1900	J13 - Nessegutten (1830)	G10_3 - Aasguten (1830)	J14	J13_2 - Verdal/Vinne (1830)	J12 - Tangmoen/Stjørdals Blink (1830)		J14/J17 J10 G12	
	1900-1930			J14				J14/J17 J10 G12	
	1930-2000			J14				J14/J17 J10 G12	
	2000-2030	Herrer - Kattem (2000)		J17 - Vestbyen/Nationalkameratene (2000)		G19	Herrer J17		
	2030-2100					G19	Herrer J17		
	2100-2130					G19	Herrer J17		
	2130-2200								
19		06.05.2024	07.05.2024	08.05.2024	09.05.2024	10.05.2024	11.05.2024	12.05.2024	
	1600-1630							2)	
	1630-1700				G16 G16	G11 G11	4)		
	1700-1730	G2015 J11 G10	J2015 J12 2017	G10 G2015 J12				G10 J13	
	1730-1800	G2015 J11 G10	J2015 J12 2017	G10 G2015 J12	G12 - Varden Meråker (1700)	2016 2016	G10 J12 G12	G10 J13	
	1800-1830	G2015 J11 G10	J2015 J12 2017	G10 G2015 J12		2016	G10 J12 G12	G10 J13	
	1830-1900	J14	G10_2 - Kolstad (1830)	G11 - Selbu (1830)	J14 - Aasguten (1830)			J14/J17 J10 G12	
	1900-1930	J14				G14 - Heimdal (1830)	G11_2 - Sverre (1830)	J14/J17 J10 G12	
	1930-2000	J14						J14/J17 J10 G12	
	2000-2030	J15	G16		G16 - Hegra (2000)	Herrer G19			
	2030-2100	J15	G16			Herrer G19			
	2100-2130	J15	G16			Herrer G19			
	2130-2200								
20		13.05.2024	14.05.2024	15.05.2024	16.05.2024	17.05.2024	18.05.2024	19.05.2024	
	1600-1630							1)	
	1630-1700				G16 G16				
	1700-1730	G11 J11 G2015	J2015 J12 2017	G2015 G10	J13 2016 2016			G10 J13	
	1730-1800	G11 J11 G2015	J2015 J12 2017	G2015 G10	J13 2016			G10 J13	
	1800-1830	G11 J11 G2015	J2015 J12 2017	G2015 G10	J13 2016			G10 J13	
	1830-1900	J13 - Egge (1830)	G10_3 - Stjørdals-Blink 2 (1830)	J14	J13_2 - Selbu (1830)	G11_3 - Tangmoen/Fram (1830)	G10	J14/J17 J10 G12	
	1900-1930			J14	J13_2 - Selbu (1830)	G10	G10 - Lånke 2 (1830)	J14/J17 J10 G12	
	1930-2000			J14		G10	G12 - Hegra (1830)	J14/J17 J10 G12	
	2000-2030	J15	G16			G19			
	2030-2100	J15	G16			G19			
	2100-2130	J15	G16			G19			
	2130-2200								
21		20.05.2024	21.05.2024	22.05.2024	23.05.2024	24.05.2024	25.05.2024	26.05.2024	
	1600-1630							3)	
	1630-1700				G16 G16				
	1700-1730	G12 - Kolstad(1700)	J11	G11_2 - T.moen / Fram 2 (1700)	J2015 J12 2017	G2015 G11 J12	J12 - Skjelstadmark / Hegra (1700)	2016 2016	G10 J11 J12 G12
	1730-1800		J11		J2015 J12 2017	G2015 G11 J12		2016	G10 J11 J12 G12
	1800-1830		J11		J2015 J12 2017	G2015 G11 J12		2016	G10 J11 J12 G12
	1830-1900	G14	G10_3 - Hom.vik 2 (1830)	G10_2 - Heimdal (1830)	J14 - Varden Meråker (1830)	J15 - Melhus/Gimse/Gauldal (1830)	J14_2 - Utleira (1830)		J11 - Sverre 2 (1830)
	1900-1930	G14							J14/J17 J10 G12
	1930-2000	G14							J14/J17 J10 G12
	2000-2030	J15	G16		G16 - Neset/Aasguyen (2000)	Herrer - Malvik 2 / Hommelvik 2 (2000)	G19 - Neset/Aasguten (2000)		G19
	2030-2100	J15	G16						G19
	2100-2130	J15	G16						G19
	2130-2200								

Oppdatert: 07.05.2024, Ulf Kristian Aaring

A1	A2	B1	B2
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A2	B2
A1	B1

Tribune Tribune

- 1) Trening G19 kl 1200-1330
- 2) Trening G19 kl 1400-1530
- 3) Dalførecup 2015
- 4) G14 - Malvik / Hommelvik (1300)

Grå = kamp  
 Gul = utleie  
 Hvit = trening